Double Bass Drumming Coordination
With Ted Reed's Progressive Steps to Syncopation for the Modern Drummer

Hand combinations:

Examples from Ted Reed's "Syncopation" (alternating feet):

1) Lesson Eleven p.24 No.1
A) Hand combination No.3

2) Lesson Eleven p.27 No.34
Hand combination No.1

3) Lesson Eleven p.27 No.36
Hand combination No.4

Apply rhythmic figures from "Syncopation" to the feet - Lesson six, seven, nine, ten, eleven and 40 & 48-Bar exercises. Combine with various hand patterns - rock / metal combinations as above as well as rudimental sticking patterns.