

Double Bass Drumming Coordination

With Ted Reed's Progressive Steps to Syncopation for the Modern Drummer

Hand combinations :

1 2 3 4 5 6 7

Examples from Ted Reed's "Syncopation" (alternating feet) :

1) Lesson Eleven p.24 No.1

A) Hand combination No.3

B) Hand combination No.6

8 10

RLR L R L R L R LRL R L R L R L RLR L R L R L R LRL R L R L R L

2) Lesson Eleven p.27 No.34

Hand combination No.1

12

R L R L R L R L R L R L R L R L R L R L

3) Lesson Eleven p.27 No.36

Hand combination No.4

14

R L R L R L R L R L R L R L

Apply rhythmic figures from "Syncopation" to the feet - Lesson six, seven, nine, ten, eleven and 40 & 48-Bar exercises. Combine with various hand patterns - rock / metal combinations as above as well as rudimental sticking patterns.